



KURLAND

STORY OF MY NATURE

Permanent Contour[®]

Herbal steam stamp massages



exclusively by
KURLAND[®]

Patented (Europat.) and honoured with the European Health & Spa Award

**Striking wellness concepts
are our forte!**

Esa Ranta

Permanent Contour® – honoured with the European Health & Spa Award



Esa Ranta
Owner and
Managing Director of
Kurland GmbH

Traditional massages have enjoyed enormous popularity since time immemorial. How could they even be improved?

With our Permanent Contour® device, we have revolutionised the massage experience:

- faster relaxation
- increased well-being
- better blood flow to tissues
- healthier looking skin
- more relaxing fragrance experience

As early as 2009 we were honoured with the **European Health & Spa Award** (Best Body Signature Treatment) for this treatment.

Now we have further developed our device to be able to offer even more flexible uses and essential advantages for spa managers:

- low purchase cost
- multifunctional use
- easy use
- numerous products to use
- more intensive effect

In combination with our natural consumable products, you can enhance your treatments all round.

Warm wishes,

A handwritten signature in blue ink that reads "Esa Ranta". The signature is fluid and cursive.

Esa Ranta



Holistic relaxation – with heat and the scent of choice herbs

Scents arouse memories and emotions faster than any other stimulus because they go from the nose straight to the limbic system and start to work before we are even aware of it.

The combination of heat, the soft touch of the massage pads and massage provides an extraordinary relaxation experience for the body and the soul.

Our herbal stamps have just the right steam and temperature so your guests can enjoy delicate touches with a high relaxation factor. For a unique, individual and intense experience, simply choose the appropriate massage pads and oils.

The selected combinations of natural ingredients meet individual needs, from therapeutic treatments to treatments for mental well-being and beauty. Using our awarded “Permanent Contour® Relax Emotion” treatment, you can even meet the special needs of the four elements and personality traits types.

European Health & Spa Award:

Our “**Permanent Contour® Relax Emotion**” treatment was nominated in 2016 for the **European Health & Spa Award** as “**Best Signature Treatment**” and awarded “**Best in Germany**”.

The therapeutic effect – use natural ingredients to relax, improve blood flow, loosen and harmonise

Heat promotes blood flow and loosens the tissue. Steam opens the pores and accelerates the intake of nourishing oils and natural herbal ingredients. The gentle massage also loosens tense muscles.

Our
massage pads
and oils are made of
**natural
ingredients!**

In addition to the manual massage therapy, which treats problem areas, muscle tension and stiff tissue in a targeted way, the natural ingredients from herbal massage pads also add their relaxation and caring effects. These ingredients support the treatment and steam and heat help the skin to easily absorb the active ingredients. The **natural oils** ensure well cared for skin. Throughout its use, the released essential oils positively affect the limbic system and ensure well-being and mental relaxation. Permanent Contour herbal steam stamp massage helps the therapist to suit the individual needs of every guest through its wide selection of massage pads.

Therapeutic effects:

- faster muscle relaxation through heat and steam
- better blood flow to tissues
- the skin easily absorbs effective skincare products
- the muscles are loosened through massage and the heat at the same time
- essential oils affect the limbic system and improve well-being



We offer seminars ...

on all Kurland® treatments in our Kurland® Training Center or for groups and teams in house. Contact our training center organisation.

Ingrid Hogger:

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The special experience – constant warm steam and fragrant herbs

Warm oil runs over the therapist's hands on to the body, is spread slowly and is massaged into the skin. The herbal scent unfolds and moves the guests into deep relaxation.

The warm massage pad glides over the body's outline and smells wonderful. Let go, forget the stress, be spoilt – it has never been so easy.

One of the advantages of the special experience of the Permanent Contour® herbal steam stamp massage is already hinted at in the name. Because of the constant supply of steam, the treatment can continue uninterrupted; the stamps do not need to be put down and reheated throughout the treatment. The therapist works continuously on the guest's contours, while the guest experiences constant skin contact with constantly warm stamps. The massage is pleasant - the result is a smoother contour with looser muscles and good blood flow to the tissues. The essential oils released by the steam from the herbal massage pads also relax and relieve stress.

One device – unlimited possibilities

Individual treatments with various oils and stamps

Relax Emotion – for body and soul

Herbal stamp massage according to the 4-elements teachings – fire, water, earth, air. The aim of this treatment is to cater specifically to each guest's character and to bring body and soul back into harmony.



Slim line – for toned legs

This treatment smoothes the skin and reduces the legs' circumference and steams the problem areas – for a slim silhouette and a great appearance. Perfect, before you go out in the evening.



Face – face and décolleté

Promotes blood flow, encourages the metabolism, smoothes or refreshes – according to applied pads this treatment can act differently. It leaves you with a pleasant feeling and touchably smooth skin on your face and décolleté.



New design, new technology, plenty of benefits and an abundance of different treatment possibilities

New features:

- improved heating technology
- improved effect thanks to a slightly higher treatment temperature
- new design with rounded, flowing shapes
- improved storage system for the stamps



Our new patented Permanent Contour® herbal steam device offers the optimal basis for the successful use of herbal stamps on the face and body. It further enables you to offer, **connected to the Hamam lather device, lather massages with voluminous thick soap foam.**

Plenty of benefits

- ideal, constant temperature for better treatment results
- no interruptions to change the stamps during the treatment
- high level of active ingredients released thanks to constant steam supply

- lower sales cost for a higher profit margin (only one pad per body treatment or two for facial treatments)
- new heating technology to improve the moistness of the pads and heat transfer
- large choice of pads and oils for a varied range of treatments

Easy to use

- quick to prepare
- insert the pad, switch on the device, done (just a short heating up period)
- less physical effort for the therapist – only needs little pressure
- no need to change the pad (temperature stays the same)
- the pads come individually packed in the practical dispenser box

- pre-filled pads – no mixing, filling and tying (you save time and money)

New design

- elegant, flowing forms
- ergonomic stamp handle
- quick release fasteners to hoses
- easy and transportable – also ideal for home visits, dimensions: 36.5 x 27.5 x 20 cm, weight (unfilled): 8.5 kg

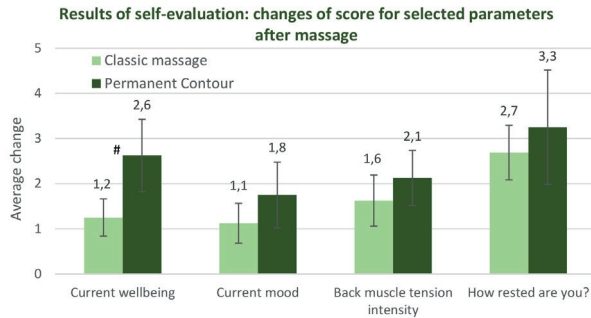
Versatile treatment options

- facial or body massages
- Slim line treatment
- Relax Emotion treatment according to the 4-elements teachings (fire, water, earth, air)
- various active ingredients for massage available (choose from different types

of pads like algae, rose, herbs and lots more – all with pure, natural ingredients)



Scientific study on Permanent Contour® herbal steam stamp massage

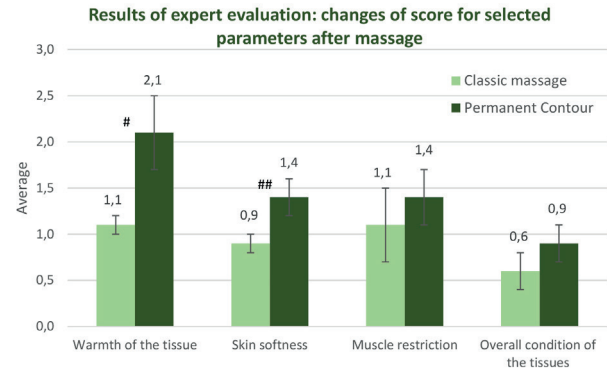


aged between 25 and 65. The testers evaluated their condition before and after treatment on a scale of 1 to 10 according to the following parameters: **well-being, mood, muscle relaxation and rest factor.**

muscle relaxation and the overall condition of the tissue, both before and after massage. Even here, the improvement after the Permanent Contour® massage was significantly higher than after the classic massage.

In March 2016, the Institute “VIST Higher School of applied Sciences, Institute for Cosmetics” in Ljubljana (Slovenia) conducted an independent study on the effectiveness of our Permanent Contour® herbal steam stamp massage compared to classic massage. For this study they chose people of both genders

In all 4 categories, the improvement was significantly higher after the Permanent Contour® massage than after the classic massage. In a further step, the therapist rated the **warming of the tissue, skin elasticity,**



Our pads and oils

only contain natural ingredients:

PADS with rose petals, lavender, elder, ginger, mint, ivy, sweet clover, hops, lime, Leopoldskron moor mud, grape pomace, wheat bran, lemon grass, melissa, juniper, camphor, camomile, sage, rosemary, yarrow, thyme, St. Johns Wort, sage, golden rod, sweet woodruff, marjoram and many more.

OIL BLENDS from almond oil, sesame oil, jojoba oil, argan oil, linseed oil, olive oil, avocado oil, aloe-vera oil, grape seed oil, coconut oil, natural essential oils and many more.

Spas

Planning, design, interior design
and technical equipment for therapy
and spa facilities

Products

Balneology, natural healing compounds, peloids,
herbs, oils, cream bases, cosmetic concepts,
consumables in premium quality

Training

Training and further education in wellness,
spa medicine, general and special massage
techniques as well as the creation
of treatment concepts

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